

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1		00:32:00.6	611	Di Dio, Salvatore		ATG Düsseldorf	1972	1	M30	03:12,0	00:00:00
2		00:35:33.2	738	von Kuk, Carsten		LT DSHS Köln	1967	1	M35	03:33,3	00:03:33
3		00:35:47.7	1064	Hampe, Klaus		Elch&Friends/Neuss	1968	2	M35	03:34,7	00:03:47
4		00:35:48.5	960	Schröder, Frank		sportlerherz.de	1968	3	M35	03:34,8	00:03:48
5		00:36:23.5	825	Kurth, Jürgen		Pulheimer SC	1963	1	M40	03:38,3	00:04:23
6		00:36:26.7	939	von Der Cron, Olaf		Wuppertal	1974	2	M30	03:38,6	00:04:26
7		00:36:54.0	838	Muskulus, Thomas		Remscheider SV	1982	1	MHK	03:41,4	00:04:54
8		00:36:59.6	610	Krimmel, Marco		Central	1970	3	M30	03:41,9	00:04:59
9		00:37:15.3	1088	Dünner, Joachim		SV Bergisch Gladbach	1962	2	M40	03:43,5	00:05:15
10		00:37:21.2	1131	Arei, Pietros		Wuppertal	1969	4	M35	03:44,1	00:05:21
11		00:37:53.0	845	Dornes, Rafael		Laufftreff Köln Poll	1958	1	M45	03:47,3	00:05:53
12		00:37:57.6	1072	Ginkel, Rolf		Frechen	1960	3	M40	03:47,7	00:05:57
13		00:38:29.9	644	Schuster, Holger		Marienheide	1969	5	M35	03:50,9	00:06:29
14		00:38:38.2	618	Jago, Andreas		MTV Gittelde	1962	4	M40	03:51,8	00:06:38
15		00:38:40.0	676	Jakobi, Heinrich		SV Bergisch Gladbach	1973	4	M30	03:52,0	00:06:40
16		00:38:44.1	1104	Ciaglia, Benno		SG Zons	1961	5	M40	03:52,4	00:06:44
17		00:38:45.8	646	Messner, Michael		THC Brühl	1962	6	M40	03:52,5	00:06:45
18		00:39:01.6	839	Vogelsang, Dirk		Remscheider SV	1963	7	M40	03:54,1	00:07:01
19		00:39:13.7	638	Kings, Simon		ASV Köln Triathlon	1977	2	MHK	03:55,3	00:07:13
20		00:39:14.0	658	Fischer, Gert		ASV Köln Triathlon	1974	5	M30	03:55,4	00:07:14
21		00:39:19.6	665	Hoffmann, Michael		Köln	1954	1	M50	03:55,9	00:07:19
22		00:39:27.1	741	Meyer, Irek		Bensberg	1971	6	M30	03:56,7	00:07:27
23		00:39:32.2	826	van de Weyer, Ste		Cosmic-Team	1975	3	MHK	03:57,2	00:07:32
24		00:39:39.2	655	Papenbrock, Fritz		Netzwerk SKM	1953	2	M50	03:57,9	00:07:39
25		00:39:51.6	657	Lüdtke, Marco		FC Straberg	1969	6	M35	03:59,1	00:07:51
26		00:40:19.4	822	Pappendorf, Uwe		Baumberger SSC	1960	8	M40	04:01,9	00:08:19
27		00:40:52.7	977	Schaen, Thomas		Germania 07 Dürwiss	1968	7	M35	04:05,2	00:08:52
28		00:40:53.6	1003	Nießen, Hubert		TuS Schmidt	1951	3	M50	04:05,3	00:08:53
29		00:40:53.8	662	Hawighorst, Achim		TSV Weiss Köln	1959	2	M45	04:05,3	00:08:53
30		00:41:06.2	726	Hufschlag, Jochen		ASV Triathlon	1958	3	M45	04:06,6	00:09:06
31		00:41:14.4	830	Heldt, Carsten		Wermelskirchen	1977	4	MHK	04:07,4	00:09:14
32		00:41:25.3	682	Christophel, Werner		TSV Weiss-Köln	1935	1	M65	04:08,5	00:09:25
33		00:41:37.3	974	Schiemann, Günter		SG Zons	1963	9	M40	04:09,7	00:09:37
1	W	00:41:45.8	926	Witte, Julia		TSV Weiss-Köln	1979	1	WHK	04:10,5	00:00:00
34		00:41:56.0	1019	Leuf, David-Alexar		Köln	1979	5	MHK	04:11,6	00:09:56
35		00:41:56.7	1118	Bobeth, Michael		Dauerlaufschule	1962	10	M40	04:11,6	00:09:56
36		00:42:31.6	742	Hörnchen, Marco		LG Eifel Runners	1981	6	MHK	04:15,1	00:10:31
37		00:42:38.5	642	Wichert, Joachim		Pulheim	1956	4	M45	04:15,8	00:10:38
38		00:42:38.8	634	Wichert, Florian		Dansweiler	1985	1	MJugA	04:15,8	00:10:38
2	W	00:42:40.9	936	Wagner, Yvonne		TSV Weiss-Köln	1976	2	WHK	04:16,0	00:00:55
39		00:42:48.3	1046	Hofstadt, Klaus-Peter		SG Zons	1960	11	M40	04:16,8	00:10:48
40		00:42:52.0	691	Buschfeld, Werner		Düsseldorf	1971	7	M30	04:17,2	00:10:52
41		00:42:57.2	654	Walter, Dieter		Kürten	1957	5	M45	04:17,7	00:10:57
42		00:43:05.2	1031	Köhler, Andreas		Dortmund	1968	8	M35	04:18,5	00:11:05
43		00:43:12.7	997	Panno, Frank		Marienheide	1967	9	M35	04:19,2	00:11:12
44		00:43:15.4	824	Schupp, Dr. Werner		Dauerlauf Köln	1958	6	M45	04:19,5	00:11:15
45		00:43:20.6	651	Bahr, Alexander		Köln	1963	12	M40	04:20,0	00:11:20
46		00:43:27.4	1095	Czech, Christoph		Leichlingen	1962	13	M40	04:20,7	00:11:27
47		00:43:54.4	827	Sasse, Lutz		Engelskirchen	1957	7	M45	04:23,4	00:11:54
48		00:44:03.9	1057	Henschel, Frank		Köln	1973	8	M30	04:24,3	00:12:03
49		00:44:04.7	1033	Klein, Wolfgang		Wesseling	1967	10	M35	04:24,4	00:12:04
50		00:44:05.2	686	Schumacher, Peter		Düsseldorf	1962	14	M40	04:24,5	00:12:05
51		00:44:09.4	1129	Balmer, Jörg		SG Zons	1961	15	M40	04:24,9	00:12:09
52		00:44:17.9	938	Voss, Karsten		Hamburger SV	1959	8	M45	04:25,7	00:12:17
3	W	00:44:43.8	615	Reiche, Jutta		LT Ahrweiler	1950	1	W50	04:28,3	00:02:58
53		00:44:59.2	621	Tolksdorf, Rainer		Köln	1964	16	M40	04:29,9	00:12:59
54		00:45:02.5	1096	Cremer, Jürgen		Köln	1962	17	M40	04:30,2	00:13:02
4	W	00:45:15.8	819	Bestorf, Eva		Wermelskirchen	1963	1	W40	04:31,5	00:03:30

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
55		00:45:26.6	1125	Behrenbruch, Clen		Dynamit Nobel GmbH	1966	11	M35	04:32,6	00:13:26
56		00:46:26.5	829	Janz, Stefan		CGI Runners	1966	12	M35	04:38,6	00:14:26
57		00:46:30.0	681	Roertz, Hans-Diet		FC Straberg	1953	4	M50	04:39,0	00:14:30
5	W00:	46:49.4	933	Wasserfuhr, Barba		TSV Rönsahl	1962	2	W40	04:40,9	00:05:04
58		00:46:57.6	1036	Kläsener, Ralf		DELTA-Studio Ahlen	1968	13	M35	04:41,7	00:14:57
59		00:47:04.2	1090	Düllmann, Carsten		Köln	1976	7	MHK	04:42,4	00:15:04
6	W00:	47:08.3	833	Pauli, Anne		Team Running Free	1963	3	W40	04:42,8	00:05:23
60		00:47:10.1	999	Ollefs, Benjamin		ASV Köln Triathlon	1983	8	MHK	04:43,0	00:15:10
61		00:47:12.6	633	Dörre, Peter		Impuls	1946	1	M55	04:43,2	00:15:12
7	W00:	47:13.2	1001	Nowak, Maria		Impuls	1957	1	W45	04:43,3	00:05:28
8	W00:	47:21.7	628	Basinski, Yvonne		Bergisch Gladbach	1972	1	W30	04:44,1	00:05:36
62		00:47:31.2	980	Sahler, Norbert		Hürth	1955	9	M45	04:45,1	00:15:31
63		00:47:33.2	1002	Nitsch, Ralf		BSG REWE	1962	18	M40	04:45,3	00:15:33
64		00:47:34.7	1018	Lieb, Thomas		Ford Runners	1961	19	M40	04:45,4	00:15:34
65		00:47:35.7	1067	Griemla, Stefan		Bonn	1974	9	M30	04:45,5	00:15:35
66		00:47:37.9	1032	Koch, Wilhelm		Laufmasche Köln	1962	20	M40	04:45,7	00:15:37
67		00:47:48.8	1074	Fritzsch, Tobias		Köln	1977	9	MHK	04:46,8	00:15:48
68		00:47:53.9	986	Röhr, Heinrich		Polizei Mettmann	1970	10	M30	04:47,3	00:15:53
69		00:47:55.8	808	Rettberg, Wolfgang		Köln	1964	21	M40	04:47,5	00:15:55
70		00:47:57.4	1063	Hartmann, Klaus		Neuwied	1971	11	M30	04:47,7	00:15:57
71		00:47:57.6	962	Scholz, Markus		Köln	1971	12	M30	04:47,7	00:15:57
72		00:47:58.1	932	Wasserfuhr, Karl-F		TSV Rönsahl	1951	5	M50	04:47,8	00:15:58
73		00:47:59.4	663	Kluger, Ingo		Netzwerk	1973	13	M30	04:47,9	00:15:59
74		00:48:00.7	604	Fellbrich, Stefan		Pulheimer SC	1957	10	M45	04:48,0	00:16:00
9	W00:	48:04.0	1107	Busse, Simone		Köln	1978	3	WHK	04:48,4	00:06:19
75		00:48:05.9	789	Rosquer, Bernhard		Hennef	1963	22	M40	04:48,5	00:16:05
10	W00:	48:06.6	730	Rosane, Ebba		Hennef	1969	1	W35	04:48,6	00:06:21
76		00:48:08.5	761	Lindemann, Walter		Pulheimer SC	1958	11	M45	04:48,8	00:16:08
77		00:48:19.7	1055	Herda, Klaus		Köln	1967	14	M35	04:49,9	00:16:19
78		00:48:24.2	617	Mueller, Clemens		TuS Köln rrh.	1938	2	M65	04:50,4	00:16:24
79		00:48:27.8	844	Häner, Dietmar		SG Wenden	1961	23	M40	04:50,7	00:16:27
80		00:48:29.5	1008	Nahrgang, Ralf		LSV TRI TEAM REMSCI	1947	2	M55	04:50,9	00:16:29
81		00:48:52.0	811	Anhut, Georg		Köln-Worringen	1977	10	MHK	04:53,2	00:16:52
82		00:49:08.0	841	Eden, Karl-Dieter		Wuppertal	1950	6	M50	04:54,8	00:17:08
83		00:49:10.8	810	Schilling, Wolfgang		Köln	1964	24	M40	04:55,0	00:17:10
84		00:49:12.3	1091	Dresen, Günther		Dormagen	1965	15	M35	04:55,2	00:17:12
85		00:49:14.8	1034	Klein, Joachim		Köln	1962	25	M40	04:55,4	00:17:14
86		00:49:16.7	817	Joseph, Hans Ulric		Köln	1959	12	M45	04:55,6	00:17:16
87		00:49:18.8	1015	Litzbarski, Roman		LT Wülfrath	1950	7	M50	04:55,8	00:17:18
88		00:49:26.4	714	Stöffel, Jürgen		Rheinkassel	1970	14	M30	04:56,6	00:17:26
89		00:49:33.5	812	Aydin, Hakan		Köln	1973	15	M30	04:57,3	00:17:33
11	W00:	49:41.5	1061	Heichel, Hedwig		DELTA-Studio Ahlen	1966	2	W35	04:58,1	00:07:56
90		00:49:48.0	1087	Eich, Arne		BSG Allianz Köln	1980	11	MHK	04:58,8	00:17:48
91		00:49:54.4	1092	Doerre, Dirk		Much	1969	16	M35	04:59,4	00:17:54
92		00:50:01.2	1130	Ballmann, Jürgen		BSG Allianz Köln	1971	16	M30	05:00,1	00:18:01
93		00:50:08.8	990	Piddinkton, James	GBR	Köln	1969	17	M35	05:00,8	00:18:08
12	W00:	50:13.7	1038	Keßling, Silvia		Köln	1976	4	WHK	05:01,3	00:08:28
94		00:50:25.5	693	Herriger, Oliver		Hürth	1969	18	M35	05:02,5	00:18:25
13	W00:	50:28.8	834	Lückenbach, Corne		Bergisch Gladbach	1983	5	WHK	05:02,8	00:08:43
14	W00:	50:29.2	1044	Johnen, Monika		SG Zons	1968	3	W35	05:02,9	00:08:44
95		00:50:29.9	1085	Ellbracht, Stefan		Grevenbroich	1970	17	M30	05:02,9	00:18:29
15	W00:	50:37.6	1060	Heising, Ulrike		SG Zons	1967	4	W35	05:03,7	00:08:52
96		00:50:39.1	1083	Erkelenz, Peter		Köln	1965	19	M35	05:03,9	00:18:39
97		00:50:39.2	1084	Erkelenz, Michael		Köln	1971	18	M30	05:03,9	00:18:39
16	W00:	50:42.3	649	Tolksdorf, Ursula		ASV Köln	1943	1	W60	05:04,2	00:08:57
17	W00:	50:43.7	929	Welz, Birgit		Laufmasche Köln	1960	4	W40	05:04,3	00:08:58
98		00:50:52.1	737	Kreutner, Walter		Rote Laterne Bilk	1950	8	M50	05:05,2	00:18:52
99		00:51:00.5	1082	Esch, Frank		BSG Allianz Köln	1971	19	M30	05:06,0	00:19:00

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
100		00:51:06.3	1078	Fetten, Helmut		Köln	1956	13	M45	05:06,6	00:19:06
101		00:51:09.0	1043	Johnson, Tyrone		Lindlar	1960	26	M40	05:06,9	00:19:09
102		00:51:11.2	975	Schepputat, Micha		Leverkusen	1963	27	M40	05:07,1	00:19:11
103		00:51:21.2	1115	Braun, Reinhard		Köln	1961	28	M40	05:08,1	00:19:21
104		00:51:29.9	992	Pfeil - Platekopp, PHAI		Köln	1956	14	M45	05:08,9	00:19:29
105		00:51:39.7	1106	Campana, Franco		Köln	1954	9	M50	05:09,9	00:19:39
18	W00	00:51:41.2	1071	Gleich, Petra		Köln	1967	5	W35	05:10,1	00:09:56
19	W00	00:52:07.3	1042	Jostes, Linda		Sankt Augustin	1985	1	WJugA	05:12,7	00:10:22
106		00:52:24.1	1102	Cohnen, Frank		Dynamit Nobel GmbH	1960	29	M40	05:14,4	00:20:24
107		00:52:26.0	636	Holz, Bernhard		Bergheim	1954	10	M50	05:14,6	00:20:26
108		00:52:40.5	1005	Nieminen, Heikki	FIN	BSG Allianz Köln	1957	15	M45	05:16,0	00:20:40
20	W00	00:52:47.1	1081	Esser, Silke		Köln	1971	2	W30	05:16,7	00:11:02
21	W00	00:52:55.2	1037	Keunecke, Kerstin		Laufftreff Brühl	1967	6	W35	05:17,5	00:11:10
109		00:53:12.1	1028	Koppe, Markus		Möhnesee	1973	20	M30	05:19,2	00:21:12
110		00:53:20.1	647	Robben, Hermann		THM Tennisgem. Hülsc	1955	16	M45	05:20,0	00:21:20
22	W00	00:53:27.3	1111	Bückendorf, Ingrid		SG Zons	1958	2	W45	05:20,7	00:11:42
111		00:53:38.7	1094	Daif, Jörg		Köln	1965	20	M35	05:21,8	00:21:38
112		00:53:45.9	1086	Eiche-Krendelsberg		Neuss	1963	30	M40	05:22,5	00:21:45
23	W00	00:53:51.0	1132	Albeck, Nadine		Köln	1977	6	WHK	05:23,1	00:12:06
113		00:53:55.3	1051	Hiersig, Gunnar		Köln	1969	21	M35	05:23,5	00:21:55
114		00:54:26.1	820	Brings, Ronald		Dormagen Rheinfeld	1967	22	M35	05:26,6	00:22:26
115		00:54:29.2	941	Vogel, Manni		Laufmasche Köln	1955	17	M45	05:26,9	00:22:29
116		00:54:36.2	1101	Conrad, Marcus		Team Greven	1972	21	M30	05:27,6	00:22:36
117		00:54:37.3	1007	Neuwaldt, Volker		Team Greven	1965	23	M35	05:27,7	00:22:37
24	W00	00:54:38.9	1017	Lierenfeld, Maria		Köln	1982	7	WHK	05:27,8	00:12:53
25	W00	00:54:43.2	983	Rosenbaum, Julia		Köln	1958	3	W45	05:28,3	00:12:58
118		00:54:45.6	994	Perthel, Stefan		Bayer Industry Service	1965	24	M35	05:28,5	00:22:45
119		00:55:02.3	806	Levermann, Thom			1981	12	MHK	05:30,2	00:23:02
120		00:55:04.5	1097	Cremer, Andreas		SG Zons	1971	22	M30	05:30,4	00:23:04
121		00:55:08.7	666	Hilker, Harry		Netzwerk	1979	13	MHK	05:30,8	00:23:08
122		00:55:14.0	1023	Krüger, Wilfried		Bergheim	1947	3	M55	05:31,4	00:23:14
123		00:55:17.0	984	Rösel, Karl		LT Wülfrath	1950	11	M50	05:31,7	00:23:17
124		00:55:17.4	1013	Maihöfer, Reinhard		Köln	1952	12	M50	05:31,7	00:23:17
125		00:55:20.4	963	Scholz, Frank		Team SG BP Worringer	1980	14	MHK	05:32,0	00:23:20
126		00:55:22.4	1016	Litzbarski, Paul		LT Wülfrath	1977	15	MHK	05:32,2	00:23:22
26	W00	00:55:23.6	755	Arnholdt, Lisa		Köln	1975	8	WHK	05:32,3	00:13:38
127		00:55:36.6	1070	Görres, Lars		Köln	1981	16	MHK	05:33,6	00:23:36
128		00:55:43.6	683	Rauer, Dirk		Neunkirchen	1969	25	M35	05:34,3	00:23:43
129		00:55:46.8	973	Schloemer, André		Düsseldorf	1967	26	M35	05:34,6	00:23:46
130		00:56:03.3	966	Schneider, Werner		Rösrath	1966	27	M35	05:36,3	00:24:03
27	W00	00:56:04.5	998	Pabst, Daniela		Kölnköln	1980	9	WHK	05:36,4	00:14:19
131		00:56:12.6	1049	Hilpert, Daniel		Köln	1995	1	MJugB	05:37,2	00:24:12
132		00:56:13.1	1048	Hilpert, Ulrich		Köln	1963	31	M40	05:37,3	00:24:13
133		00:56:16.3	1123	Berger, Herbert	AUT	Lauffreunde Mondsee	1938	3	M65	05:37,6	00:24:16
134		00:56:26.5	1009	Miebach, René		Köln	1965	28	M35	05:38,6	00:24:26
28	W00	00:56:27.9	1012	Mende, Jana		Heidelberg	1972	3	W30	05:38,7	00:14:42
135		00:56:33.4	1030	Koke, Ulrich		Köln	1964	32	M40	05:39,3	00:24:33
29	W00	00:56:38.2	976	Schelp, Janna		Wuppertal	1984	10	WHK	05:39,8	00:14:53
30	W00	00:56:39.0	970	Schmiejka, Jolanta		kstw	1956	4	W45	05:39,9	00:14:54
31	W00	00:56:45.8	972	Schloemer, Nicole		Düsseldorf	1971	4	W30	05:40,5	00:15:00
32	W00	00:56:46.0	969	Schmitt, Bettina		Düsseldorf	1966	7	W35	05:40,6	00:15:01
136		00:56:58.3	629	Schulz, Matthias		Köln	1961	33	M40	05:41,8	00:24:58
137		00:57:00.7	1080	Faßbender, Klaus		PSV Köln	1968	29	M35	05:42,0	00:25:00
33	W00	00:57:01.4	935	Walkenbach, Hann		Neuwied	1958	5	W45	05:42,1	00:15:16
138		00:57:02.6	1020	Lenz, Thomas		Langenfeld (Rheinland)	1965	30	M35	05:42,2	00:25:02
139		00:57:05.0	807	Mohr, Rudi		TFG Nippes 1878	1934	1	M70	05:42,5	00:25:05
34	W00	00:57:06.0	931	Wätzel, Anna-Caro		BSG Allianz Köln	1981	11	WHK	05:42,6	00:15:21
140		00:57:06.2	1039	Kessel, Theo		BSG Allianz Köln	1956	18	M45	05:42,6	00:25:06

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
141		00:57:12.0	837	Spahrkäs, Markus		Burscheid	1955	19	M45	05:43,2	00:25:12
35	W00:	00:57:12.2	836	Spahrkäs, Ulrike		Burscheid	1956	6	W45	05:43,2	00:15:27
142		00:57:18.0	1073	Fuchs, Achim		Köln	1959	20	M45	05:43,8	00:25:18
143		00:57:25.6	1068	Gräter, Kurt		BLACKFOOT BORNHEI	1948	4	M55	05:44,5	00:25:25
144		00:57:36.7	623	Rohole, Bernd		TV Hoffnungsthal 07	1955	21	M45	05:45,6	00:25:36
36	W00:	00:57:46.5	1128	Bebber, Stephanie		Pulheim	1948	1	W55	05:46,6	00:16:01
145		00:57:48.4	697	Kever, Michael		BSG DKV	1966	31	M35	05:46,8	00:25:48
146		00:57:49.6	842	Preussner, Ralf		Pulheim	1969	32	M35	05:46,9	00:25:49
37	W00:	00:58:01.5	626	Maxrath, Frauke		Frechen	1967	8	W35	05:48,1	00:16:16
147		00:58:03.0	603	Beck, Ralf		Netzwerk	1977	17	MHK	05:48,3	00:26:03
38	W00:	00:58:09.9	982	Rosin, Ines		Eitorf	1969	9	W35	05:48,9	00:16:24
148		00:58:11.0	1022	Leidig, Hans-Josef		Reichshof	1958	22	M45	05:49,1	00:26:11
39	W00:	00:58:16.6	747	Nowak, Magdalene		Wuppertal	1957	7	W45	05:49,6	00:16:31
149		00:58:16.6	955	Stumpf, Siegmund		Bergisch-Gladbach	1959	23	M45	05:49,6	00:26:16
40	W00:	00:58:35.2	954	Symanzick, Nicole		Elsdorf	1966	10	W35	05:51,5	00:16:50
150		00:58:36.2	1054	Hergenröther, Mich		LT FORD KÖLN	1973	23	M30	05:51,6	00:26:36
151		00:58:56.1	823	Hurlbrink, Dirk		Köln	1959	24	M45	05:53,6	00:26:56
41	W00:	00:59:15.7	996	Panschenko, Anke		Köln	1976	12	WHK	05:55,5	00:17:30
42	W00:	00:59:16.0	987	Ritter, Alexandra		Köln	1979	13	WHK	05:55,6	00:17:31
43	W00:	00:59:16.9	707	Ahrens, Martina		Hürth	1964	5	W40	05:55,6	00:17:31
152		00:59:18.4	1122	Beste, Bernd		Team Greven	1952	13	M50	05:55,8	00:27:18
153		00:59:47.0	739	Frese, Reinold		Köln	1962	34	M40	05:58,7	00:27:47
44	W00:	00:59:55.8	968	Schmitt, Iris		Römerberg	1969	11	W35	05:59,5	00:18:10
45	W01:00:	00:04.9	1069	Göttsche, Jona		Köln	1984	14	WHK	06:00,4	00:18:19
46	W01:00:	00:05.4	1062	Heeger, Kathrin		Köln	1980	15	WHK	06:00,5	00:18:20
154		01:00:08.6	1021	Lennartz, Heinz-Jo		Köln	1954	14	M50	06:00,8	00:28:08
155		01:00:19.2	625	Meister, Martin		Lohmar	1965	33	M35	06:01,9	00:28:19
47	W01:00:	00:20.0	995	Paßfeld, Catrin		Gelsenkirchen	1975	16	WHK	06:02,0	00:18:35
48	W01:00:	00:31.1	964	Schnitzler, Patricia		Köln	1955	8	W45	06:03,1	00:18:46
156		01:00:37.9	991	Pfitzner, Walter		Köln	1952	15	M50	06:03,7	00:28:37
49	W01:00:	00:47.0	1117	Boksch, Karin		Köln	1965	12	W35	06:04,7	00:19:02
50	W01:00:	00:52.8	1098	Correns, Rosemari		Köln	1966	13	W35	06:05,2	00:19:07
157		01:01:08.4	828	Miesslerer, Sascha		HAJO Nippes	1969	34	M35	06:06,8	00:29:08
51	W01:01:	00:22.3	1056	Hensen, Birgit		Elsdorf	1966	14	W35	06:08,2	00:19:37
158		01:01:24.3	1089	Dumpe, Stephan		Köln	1961	35	M40	06:08,4	00:29:24
52	W01:01:	00:41.1	928	Weng, Simone		Köln	1972	5	W30	06:10,1	00:19:56
53	W01:01:	00:57.2	639	Herger, Steffi		Köln	1961	6	W40	06:11,7	00:20:12
159		01:02:07.3	1045	Jembrek, Thomas		Köln	1973	24	M30	06:12,7	00:30:07
160		01:02:19.9	704	Pfau, Michael		Köln	1969	35	M35	06:13,9	00:30:19
54	W01:02:	00:20.0	843	Jüngling-Neid, Stef		Pulheim	1959	9	W45	06:14,0	00:20:35
55	W01:02:	00:22.0	1050	Hiller, Sandra		Köln	1971	6	W30	06:14,2	00:20:37
56	W01:02:	00:23.7	942	Versen, Beate		Bonn	1982	17	WHK	06:14,3	00:20:38
57	W01:02:	00:27.3	653	Eisenbach, Angelik		MTV Wuppertal	1962	7	W40	06:14,7	00:20:42
58	W01:02:	00:44.2	785	Slapa, Gertrud		Langenfeld	1956	10	W45	06:16,4	00:20:59
59	W01:02:	00:55.4	451	Falkenberg, Hilla		LT Fühlinger See	1949	2	W55	06:17,5	00:21:10
60	W01:03:	00:16.2	729	Satara, Katja		Mettmann	1977	18	WHK	06:19,6	00:21:31
61	W01:03:	00:30.7	1075	Frada, Christiane		Köln	1966	15	W35	06:21,0	00:21:45
62	W01:03:	00:32.2	840	Schneider, Dorothe		Köln	1961	8	W40	06:21,2	00:21:47
63	W01:03:	00:44.2	1035	Klein, Edith		Frechen	1975	19	WHK	06:22,4	00:21:59
64	W01:03:	00:51.5	673	Rauer, Martina		Neunkirchen	1965	16	W35	06:23,1	00:22:06
65	W01:04:	00:14.6	967	Schmitt, Melanie		Meerbusch	1974	7	W30	06:25,4	00:22:29
66	W01:05:	00:20.8	1124	Bender, Barbara		Speyer	1969	17	W35	06:32,0	00:23:35
67	W01:05:	00:33.4	1026	Krien, Erika		Köln	1962	9	W40	06:33,3	00:23:48
161		01:05:33.7	1025	Krien, Kai-Olaf		Köln	1964	36	M40	06:33,3	00:33:33
162		01:05:43.2	948	Tjarks, Oliver		Koblenz	1977	18	MHK	06:34,3	00:33:43
163		01:05:58.4	724	Marek, Helmut		Hürth	1949	5	M55	06:35,8	00:33:58
68	W01:06:	00:30.2	619	Sahler, Elvira		TSV Hermülheim	1954	2	W50	06:39,0	00:24:45
69	W01:07:	00:21.5	1053	Herzogenrath, Ute		Pulheim	1961	10	W40	06:44,1	00:25:36

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
164		01:07:42.6	947	Tomzig, Erich Karl		LT Dünwaldener TV	1962	37	M40	06:46,2	00:35:42
70	W01:08:10.9	624	Nigg-Schmidt, Bett	Hennef			1963	11	W40	06:49,0	00:26:25
71	W01:08:11.6	1066	Gussenstätter, Ulri	Köln			1981	20	WHK	06:49,1	00:26:26
165		01:08:47.6	927	Wiessner, Ulrich		Hofheim Am Taunus	1952	16	M50	06:52,7	00:36:47
166		01:09:25.2	813	Cicek, Ziya		Köln	1965	36	M35	06:56,5	00:37:25
72	W01:09:53.0	814	Menzel, Jennifer	Köln			1974	8	W30	06:59,3	00:28:08
167		01:09:55.1	816	Di Mauro, Salvator		RFH Köln	1975	19	MHK	06:59,5	00:37:55
168		01:09:55.3	815	Menzel, Eberhard		Niederkassel	1949	6	M55	06:59,5	00:37:55
73	W01:10:17.1	943	Tugberk, Arzu	Köln			1976	21	WHK	07:01,7	00:28:32
169		01:10:17.5	1027	Krawczyk, Peter		Kölnköln	1950	17	M50	07:01,7	00:38:17
74	W01:11:09.2	925	Zipperle, Madelein	Köln			1978	22	WHK	07:06,9	00:29:24
170		01:11:10.1	800	Schmitz, Karl		DOW	1947	7	M55	07:07,0	00:39:10
75	W01:12:03.0	1103	Clemens, Caterina	Köln			1981	23	WHK	07:12,3	00:30:18
76	W01:12:29.9	1024	Krüger, Hannelore	Bergheim			1952	3	W50	07:14,9	00:30:44
77	W01:12:42.8	1099	Cordts, Silvia	Bonn			1955	11	W45	07:16,2	00:30:57
78	W01:14:13.8	1105	Castor, Marlene	Leverkusen			1970	9	W30	07:25,3	00:32:28
79	W01:14:14.1	1029	Kölbl, Katja	Leverkusen			1972	10	W30	07:25,4	00:32:29
80	W01:35:00.1	1040	Kellner, Anja	Wiesbaden			1975	24	WHK	09:30,0	00:53:15
81	W01:35:00.2	1112	Brix, Manuela	Wiesbaden			1974	11	W30	09:30,0	00:53:15
171		01:35:00.3	958	Steffny, Herbert		Köln	1953	18	M50	09:30,0	01:03:00